



International Survivors *of* Suicide Loss Day



Reaching Out Can Change Your Life

**SATURDAY,
NOVEMBER 18, 2017
8:30 a.m. – 1:00 p.m.**

**Concord Township
Community Center
7671 Auburn Road
Concord Township, OH 44077**

For reservations, contact Rae Grady
Email: rgrady@lakeadamhs.org
Phone: 440.350.2196
https://afsp.org/survivor_day/mentor-oh/

There is no charge to attend.

Keynote Speaker, Deb Straniero

Deb is a teacher at Gesu Catholic School. She currently co-facilitates support groups at Lifebank and coordinates Challenger Baseball. She is the mother of 3 children, Kelly, Jennifer and Jack. Her husband, John, took his life on December 12, 2009.

Guest Speaker, Lara Proegler

Lara Proegler is a Natural Wellness Consultant specializing in essential oils and other natural products. Her goal is to empower and support people along their personal wellness journeys.



You are not alone. Join a community of suicide loss survivors to find comfort and gain understanding as we share stories of healing and hope.

Program

What to Expect of the Day:

- Registration and Continental Breakfast
- Welcome & Introduction
- Guest Speakers
- Survivor Day Film
- Table Talk
- Self-Care
- Closing

Survivor Day Film

The event features a screening of *The Journey: A Story of Healing and Hope*, an AFSP-produced documentary that traces the grief and healing journey that follows a suicide loss through the eyes of a diverse group of loss survivors. The film shows how those left behind navigate the aftermath of their loved one's suicide to find meaning and even joy, and takes an intimate look at how their healing journey evolves over time.



**AMERICAN FOUNDATION FOR
Suicide Prevention**

afsp.org/SurvivorDay