

LAKE COUNTY ADAMHS BOARD
Regular Board Meeting
Monday, September 21, 2020
6:00 p.m.
Zoom

Mr. Enzerra called the meeting to order 6:00 p.m.

ROLL CALL:

Members Present: Chair -- Dave Enzerra

Les Beck	Nancy Brown
Kim Collise	Roberta Kalb
Pam Kurt	Jim McBride
Julia McGruder	Andy Meinhold
Matt Sabo	Karen Sippola
Joanne Zeroske	

Staff Present:

Kim Fraser, Executive Director
Jackie Bruner, Director of Business Operations
Greg Markell, Director of Community/Public Relations
Christine Lakomiak, Director of Quality & Clinical Operations
Matt Gundling, Staff Accountant
Kelly Tuttle, Secretary/Receptionist

Guests:

Damir Pavicic	Bridges	Jackie Smith	Lake Health
Emily Currie-Manring	Catholic Charities	Katie Jenkins	NAMI of Lake County
Mike Matoney	Crossroads Health	Jonathan Lee	Signature Health
Melanie Blasko	Lake-Geauga	Mary Wynn-Peaspanen	Signature/Family Planning
Charles Tong	Lake-Geauga	Andrea Gutka	WomenSafe, Inc.

Ms. Fraser asked that when guests are not speaking to please keep muted to keep out background noise and to announce their name before speaking. Please email Ms. Tuttle if you are present during the meeting so you can be added to the minutes for the record; especially if you dialed in by phone.

MINUTES OF MEETING:

Ms. Zeroske moved to accept the minutes of the August 17, 2020 regular Board meeting as mailed. The motion was seconded by Mr. Meinhold and the Motion Passed Unanimously. (21-016)

CORRESPONDENCE:

There was no correspondence.

FINANCIAL REPORT:

Ms. Bruner read the financial report of Board operations for the month of August 2020 as follows:

Beginning Cash Journal Balance	\$3,245,956.63
Plus: Cash Receipts for the Month	\$4,476,057.86
Total to Account For	\$7,722,014.49
Minus: Cash Disbursements for the Month	\$1,249,864.30
Ending Period Adjustments	\$ 00.00
Ending Cash Journal Balance	\$6,472,150.19

Mr. Meinhold moved to accept the financial report for the month of August 2020 as read. Seconded by Mr. Sabo, the Motion Passed Unanimously. (21-017)

PUBLIC COMMENT ON AGENDA ITEMS & INTRODUCTIONS OF GUESTS:

Guests were welcomed and invited to comment on any agenda items.

EXECUTIVE DIRECTOR'S REPORT:

Ms. Fraser stated that at this time Board staff is continuing with our 60/40 hybrid plan in terms of remote office. We anticipate this scheduling through the end of the year. All staff members have done a remarkable job keeping our services operating efficiently. Board and Committee meetings will continue to meet through zoom until the end of the year to help keep staff, provider staff, and Board members safe.

Ms. Fraser reported that round two of the empowerment videos are being shared on Facebook covering topics such as Suicide Prevention, QPR training, Telehealth and Substance Abuse Disorder basics. Ms. Tenkku has done a great job on these videos and is very creative thinking outside the box.

Ms. Fraser shared that World Mental Health Day is being held on Saturday, October 10th. ADAMHS providers will have staffed tables (who will be wearing masks and social distancing) for mall-goers to visit to learn more about mental health.

Ms. Fraser reminded that the state had partnered county education departments and ADAMHS Boards to look at behavioral health needs of students K-12. She was happy to share that all school districts have partnered to participate in the trauma informed care programming initiative.

Ms. Fraser announced that State Opiate Response (SOR) funds will be coming forward in the amount of 97 million dollars. Board staff will be writing a proposal to invest some of these dollars in our system.

Ms. Fraser noted that the Board Association has continued Culture of Quality (COQ) reviews virtually. Lake County was one of the first Boards in the state to become COQ certified. Ms. Lakomiak was asked to be the first virtual peer surveyor based on her comprehensive knowledge and understanding of the COQ standards.

EXECUTIVE COMMITTEE REPORT:

On behalf of the Executive Committee, Ms. Kalb moved that the full Board authorize the Executive Director to publish the FY2021 Crisis Infrastructure One-Time Request for Proposals. The motion was seconded by Ms. Zeroske. After discussion the Board voted and the Motion Passed Unanimously. (21-018)

Ms. Fraser noted that the Board has received additional funding for crisis infrastructure services (\$128,601) which are available to a certified mental health/substance use disorder service provider with a current FY2021 non-Medicaid contract with the Lake County ADAMHS Board. These are one-time funds, which will be available for the period of January 1, 2021 through December 31, 2021. The format of this program can be a non-traditional setting and should include, but not be limited to: Police, Fire, EMS, Sheriff's Office, Behavioral Health Crisis Workers and Residential Treatment Workers, and Children's Services Worker.

On behalf of the Executive Committee, Mr. Meinhold moved that the full Board approve the Lake County ADAMHS Board Pandemic Policies as submitted by the Executive Director. The motion was seconded by Ms. Kalb. After discussion the Board voted and the Motion Passed Unanimously. (21-019)

Ms. Fraser stated that the Board Association developed a pandemic checklist to guide boards in dealing with the pandemic. Ms. Lakomiak and her team of Danette Richards, Amy Tulenson and Sandra Tenkku developed and wrote seven comprehensive pandemic policies. These policies have been recognized by OACBHA as exemplary and have been shared with all 50 boards and used as templates for replication.

On behalf of the Executive Committee, Mr. Meinhold moved that the full Board approve the CY 2021 Lake County ADAMHS Board budget for submission to the county as recommended by the Executive Director. The motion was seconded by Ms. Kalb the Board and the Motion Passed Unanimously. (21-020)

On behalf of the Executive Committee, Ms. Kalb moved that the full Board recognize September 20-26, 2020 as the Week of Appreciation, and to thank Lake County first responders for their efforts and collaboration in helping individuals struggling with mental illness or substance use disorders. The motion was seconded by Ms. Zeroske. After discussion the Board voted and the Motion Passed Unanimously. (21-021)

The Week of Appreciation is an opportunity to show support and appreciation to those who work directly with individuals struggling to overcome substance use disorders. This includes behavioral healthcare workers, police officers, firefighters, EMTs, children's services workers, emergency department staff, and anyone else who may experience burnout or secondary trauma as a result of their work with individuals with addiction.

Ms. Fraser stated each spring during the statewide Ohio Opiate Conference, 8-10 first responders/ frontline workers are recognized for their exceptional work with the behavioral health system, and are presented with the CARES award. She was excited to announce that this year Mr. Sabo is one of the award recipients. Mr. Sabo has been critical to the Board's success going above and beyond. We are fortunate to have him on our team. Mr. Sabo was warmly applauded. The award will be presented virtually in November.

Mr. Enzerra thanked Mr. Sabo on behalf of the Board and congratulated him on this well-deserved honor.

Mr. Sabo thanked everyone and noted that he would not be able to bring resources to those who need it the most if it was not for all of you.

EVALUATION/QUALITY IMPROVEMENT COMMITTEE REPORT:

Mr. Meinhold reported that the Evaluation/Quality Improvement Committee met on Monday, September 14th and the following agenda items were discussed:

Ms. Lakomiak noted the EQI Committee was designed for Board members to learn about programming provided at each agency. The information being reviewed is for SFY19 & SFY20. She continuously monitors each agency throughout the year to make sure all reporting requirements are met. Each area must be met for an agency to be in compliance.

Quality Improvement Review of Lake Health Ms. Hearn-Vance stated that the Emergency Based Behavioral Health Crisis Intervention Team provides assessments 24/7 to all patients who enter the Lake Health Emergency Departments who are in a behavioral health crisis. They also make recommendations for next steps in the clients care, assist with outpatient referrals, in patient placement and provide linkages and follow-up to other providers of care to these clients. They also help Medical staff give the correct medications and treatment to patients by communicating with outpatient providers and family members. On average 60% of patients are admitted into an inpatient psychiatric bed.

Crisis team areas of focus include: treatment of LGBTQ adults/children, chemical dependency, self-harm in children/adolescents, mental health treatment in the geriatric population, care plans for high utilizing patients, and treatment of patients of dual mental health and intellectual disability.

Lake Health staff speaks regularly with Signature Health and Crossroads health staff about treatment plans for high utilizing patients.

Ms. Smith reviewed challenges that the hospital has encountered due to COVID 19 as follows: adapting quickly to updates in hospital policies and procedures, rapid drop in census throughout hospital including ED and crisis intervention, fear & anxiety amongst crisis and nursing staff, increase in number of hospital staff requiring support and resources from the Crisis Team, higher than normal Crisis and BH Team turnover, increase in patients presenting with COVID related anxiety and stress, need to stay up to date on changes in services provided by outside agencies in order to provide linkage to our patients, delays in placement due to required COVID test for many psychiatric hospitals and lack of options for hospitalization for COVID positive patients.

Lake Health is meeting the challenges by: providing daily updates to all staff and crisis staff had daily huddles with BH Director as a way to check in, offer support and answer questions, infection control available 24 hours for guidance with up to date recommendations from CDC and ODH, hospital published resources available for mental health services, including ADAMHS resources and Crossroads Health first responders support program, and crisis & behavioral health worked together to fill shifts as new staff were hired and trained.

Ms. Smith noted that they have a peer support position open. It is a Monday-Friday; 3p.m.-11 p.m. Monday and Friday are the busiest days of the week and peak hours drop after 11. Looking at data they are capturing the busiest times with these hours.

Mr. Meinhold thanked them for their presentation and thanked the staff for their work which is really appreciated.

Ms. Lakomiak advised that she conducted the agency's Contract Compliance Review and found them in full compliance.

On behalf of the Quality/Improvement Committee, Mr. Meinhold moved that the full Board accept Lake Health's Quality Improvement plan as presented. Seconded by Ms. Zeroske the Motion Passed Unanimously. (21-022)

Next Meeting Date: Monday, October 5, 2020, at 5:30 p.m. via Zoom

PROGRAM COMMITTEE REPORT:

Ms. Sippola reported that the Program Committee met on Monday, September 14th and the following agenda items were discussed:

Crossroads Health - BLM Proposal Ms. Fraser reminded the committee that Lake ADAMHS affirmed in the spring a plan to continue to examine internal and external practices relative to health equity. Ms. Fraser reported that in FY2020 the African-American community made up 10.01% of all Medicaid and non-Medicaid claims in GOSH (census data reports African-Americans constitute 4.8% of Lake County population).

Crossroads Health presented a potential opportunity to utilize a virtual platform to engage the African-American community in conversations around behavioral health topics and local resources. Discussion

followed and consensus was reached to table any action in favor of continuing the conversation at future meetings.

Lake Health Peer Support Ms. Fraser shared that the Lake Health Peer Support program is down one person. The person who last held the position received their degree and was promoted. During this COVID environment it has been difficult to fill the position. To be fiscally responsible, Lake Health stated that they would reduce the grant so that the Board can reinvest dollars where needed. When this position is filled, they will come back to the Board to reinstitute the funding. This was informational and no committee action was required.

COVID Update – Provider’s Strength and Challenges Ms. Fraser gave an update on services noting that there has been a decrease in individuals going into agencies for services. The ED is starting to see a rebound. There has also been a decrease in youth receiving services (due to school not being in session) and residential treatment. Domestic violence shelters have seen a decrease. Support programs are also seeing a decrease.

Ms. Fraser stated that telehealth is working well for some individuals but not everyone has access. Also it is not beneficial for youth or those with cognitive disorders. There has been an increase in relapses and overdoses. Twelve step programs are meeting virtually but it is challenging for an individual in recovery. Privacy is also a challenge for someone seeking telehealth services. Telehealth also does not work well for case management services.

Ms. Fraser reported that Lake ADAMHS network providers continue to be open for business. Ms. Fraser recognized Bridges for their continued efforts to connect with consumers, despite the fact that the Activity Center remains closed. While their clients are facing social isolation during these times, Bridges staff is doing an excellent job checking in with clients, sending notes and gift packages to let them know they are there for them. Provider agency staff members have been resilient in keeping things going and providing services.

Discussion: Since the demand for services is lower, are mental health calls to law enforcement up? Pink slips are down 7% from last fiscal year. There are still a lot of pink slips written per year. Crossroads Health has hired a retired Euclid police officer to expand relationships with local departments and share information.

Week of Appreciation Ms. Fraser reminded that the last two years the Week of Appreciation was held statewide in the spring recognizing first responders, crisis team members, residential treatment staff, children services and advocates. In the past we delivered candy bars and cookie trays to local first responders. Due to the pandemic, gaiters will be delivered to first responders with police/fire/ems logos (thanks to Chief Sabo’s vision) and Recovery is Beautiful masks to our frontline workers along with hand sanitizer and compass line cards. This is our way to thank partners throughout the county for their service.

Ms. Fraser stated that there has been an increase in depression, anxiety, violence and suicide amongst first responders. Steve Click (a former state trooper and current first responder liaison for the Ohio Department of Mental Health & Addiction Services) will hold a virtual training for law enforcement officers in late October. This is a very impactful training.

Mr. McBride thanked Ms. Fraser for providing this valuable training which he has heard in the past.

Ms. Fraser shared that the Board has received one-time Crisis Infrastructure funding in the amount of \$128,601 from the Ohio Department of Mental Health & Addiction Services. Next week a Request for Proposal will be published (pending board approval) to invest these dollars into helping first responders get

the care that they need. Proposals will be due in November and funding will be effective January 1, 2021. This was informational and no committee action was required.

Other Ms. Fraser reported that State Opiate Response 2.0 funding has been approved. OhioMHAS is setting parameters and what allocation each county will receive. Initial state opiate response funds were used in Lake County for the Opiate Recovery Transition Program which is a record setting program and duplicated in the state. This was informational and no committee action was required.

Next Meeting Date: Monday, November 2, 2020 at 5:30 p.m. via Zoom

ALLOCATION COMMITTEE MEETING REPORT:

Mr. Sabo reported that the Allocation Committee met on Wednesday, September 16th and the following agenda items were discussed:

Crossroads BLM Proposal Action was tabled in favor of continuing the conversation at future meetings.

Crossroads PLL Program Ms. Fraser stated that last year the Board voted to enter into a contract with Crossroads Health in the amount of \$113,000 to provide Parenting with Love and Limits (PLL) which is an intensive home based program. The Family and Children First Council received funds that they cannot use for residential treatment. At this time staff recommendation is to pull back the investment and use the Family and Children First Council funds for the PLL Program but to earmark the program funds for children in need of residential treatment who require multi system care.

On behalf of the Allocation Committee, Mr. Sabo moved that the full Board decrease funding to Crossroads Health SFY 2021 non-Medicaid contract in the PLL program in the amount of \$113,000. The motion was seconded by Ms. Sippola and the Motion Passed Unanimously. (21-023)

Lake Health Peer Support Ms. Fraser shared that the Lake Health Peer Support program is down one person. The person who last held the position received their degree and was promoted. During this COVID environment it has been difficult to fill the position. To be fiscally responsible, Lake Health stated that they would reduce the grant so that the Board can reinvest dollars where needed. When this position is filled, they will come back to the Board to reinstitute the funding. Staff recommendation is to decrease funding for the program.

On behalf of the Allocation Committee, Mr. Sabo moved that the full Board decrease funding to Lake Health's SFY 2021 non-Medicaid contract in the Peer Support Program in the amount of \$1,997.60. The motion was seconded by Mr. McBride and the Motion Passed Unanimously. (21-024)

NAMI Contract Decrease Ms. Fraser advised that NAMI of Lake County was able to receive additional funding from another source. Board staff requested for provider agencies to secure additional dollars when able and to return them to the Board so that they can be reinvested in the system due to fiscal constraints during the pandemic. This is not a decrease to the service; it is just being moved to a different funding stream. Staff recommendation is to decrease funding to NAMI of Lake County in the amount of \$31,281.56.

On behalf of the Allocation Committee, Mr. Sabo moved that the full Board decrease funding to NAMI of Lake County's SFY 2021 non-Medicaid contract in the amount of \$31,281.56. The motion was seconded by Mr. Meinhold and the Motion Passed Unanimously. (21-025)

Lake-Geauga Recovery Centers – Line Item Adjustments Ms. Fraser stated that Lake-Geauga has requested to make line-item neutral adjustments in their non-Medicaid contract. Staff recommendation is to approve these adjustments.

Why is there a request to increase Group Ancillary Psychotherapy but to decrease Group Psychotherapy? Group Psychotherapy is now a Medicaid billable service. Nevaeh Ridge is also now a Medicaid billable service for residential treatment.

On behalf of the Allocation Committee, Mr. Sabo moved that the full Board approve the following budget neutral line item adjustments to the SFY 2021 Lake Geauga Recovery Center non-Medicaid contract; decrease Nevaeh Ridge \$22,000, increase peer recovery support \$35,000, decrease SUD Liaison \$13,000, increase Group Psychotherapy Ancillary Grant \$49,649, decrease Group Psychotherapy Services \$49,649, decrease Partial Hospitalization Program \$13,493, increase Residential Treatment Oak House \$2,733.50, increase Residential Treatment Lake House \$2,733.50, increase Residential Treatment Concord Pines \$8,026. The motion was seconded by Mr. Meinhold and the Motion Passed Unanimously. (21-026)

Extended Housing – NCH Subcontract Request Ms. Fraser stated that North Coast House serves fourteen residents and has been in the system for decades. The behavioral health residential treatment program can last from two weeks to two months or longer. After residents are stabilized they move to a less restrictive setting. Previously it was run by Pathways and then by Beacon Health. In 2014, Beacon Health's past director was no longer interested in running the program. Extended Housing owns the property and took over the responsibility of running it. They have done a fantastic job but it was never part of their mission and is not a good fit in their array of services. Crossroads Health would like to take over the program. The most efficient way is for Extended Housing to subcontract with Crossroads Health Staff recommendation is to allow Extended Housing to subcontract with Crossroads Health to provide residential care services at North Coast House around November 1st pending certification.

On behalf of the Allocation Committee, Mr. Sabo moved that the full Board permit Extended Housing to subcontract with Crossroads Health to provide residential care services at North Coast House to begin on November 1, 2020 or when Crossroads Health receives certification to provide the services. The motion was seconded by Ms. Brown and the Motion Passed Unanimously. (21-027)

Ms. Fraser stated that to make the transition for residential care to Crossroads Health some upgrades are needed such as: safety glass for the bathroom, staff training, legal costs, furniture, computer replacement, IT wiring/managed switch, public announcement system upgrade, and VPN phone/Ethernet/Wi-Fi connectivity. Staff recommendation is to enter into a contract for these one-time expenses.

Mr. Sabo toured North Coast House and commended them for the work they do and the upgrades will be welcomed and appreciated.

On behalf of the Allocation Committee, Mr. Sabo moved that the full Board enter into a one-time SFY2021 non-Medicaid contract with Extended Housing for an amount not to exceed \$35,950 for one-time costs to transition residential care services to Crossroads Health. The motion was seconded by Mr. Beck and the Motion Passed Unanimously. (21-028)

Next meeting date – Wednesday, November 4, 2020 at 5:30 p.m. via Zoom

OLD BUSINESS:

There was no old business.

NEW BUSINESS:

Payment of Bills Ms. Zeroske moved that the Board approve the September bills totaling \$1,173,525.70 be paid as presented. The motion was seconded by Mr. Beck. As there was no discussion the Board voted and the Motion Passed Unanimously. (21-029)

GOOD OF THE GROUP:

There was no good of the group.

As there was no further business, Ms. Zeroske moved for adjournment. The motion was seconded by Mr. Meinhold and the Motion Passed Unanimously. (21-030)

Respectfully submitted,

DaveENZERRA
Chair

ROBERTA KALB
Secretary