

Lake County ADAMHS Board  
2020FY Annual Report



**1 in 5 People With COVID-19  
Developed Mental Health Issues**

*“Substance Abuse Disorders an Emerging  
Crisis of the COVID pandemic”*

**COVID-19 intensifies the need  
for behavioral health services**

**“WHAT IMPACT HAS COVID-19 HAD  
ON MENTAL HEALTH SERVICES?”**



## From our Executive Director, *Kimberly Fraser*



**W**ithout question, 2020 marked one of the most difficult years in our board's history. Our local behavioral health system navigated unprecedented challenges. The COVID-19 pandemic created operational issues, access issues, and concerns about the health and welfare of not only the consumers and families we serve, but the public at large.

Our board, our staff, our providers and our community partners were cooperative, collaborative and responsive. Together we acted quickly to put in place services and supports to respond to community needs.

We are grateful for our local behavioral health network, and for first responders throughout Lake County, for the dedication they've demonstrated throughout these incredibly challenging times.

We are strong, we are resilient. And we are proud of what we have done, and continue to do, to ensure the very best behavioral healthcare for all Lake Countians.



### About the Lake County ADAMHS Board

*Established by Ohio statute, the ADAMHS Board plans, monitors, evaluates, and funds services for Lake County residents dealing with a mental illness and/or substance-use disorders. Those services are delivered through a network of providers. Board members are all Lake County residents who serve without compensation.*



CORONAVIRUS PANDEMIC:

# Lake ADAMHS reacts quickly, effectively

*In March* everyone was caught off-guard when the coronavirus issue began to impact America. It wasn't long before it spread across our nation and was declared a pandemic.

Lake County was not immune. ADAMHS leadership took quick, proactive steps that enabled our system to keep operating while protecting the safety of our staff, the staff of our providers, and the clients we serve.

Almost immediately our ADAMHS staff was working remotely using technology that linked their home computers to

their office computers. Our team also began pushing out information about the pandemic – including its potential to spawn anxiety, stress, and relationship and family challenges – on social media. In all cases the posts included available resources. Our offices were thoroughly cleaned and disinfected and a hybrid model of office-based and remote-based work was implemented.

Our team stepped up our communication & collaboration efforts with our network of providers relative to strategies and protocols during the pandemic. Staff and client safety was a top priority. Through the Ohio Association of County Behavioral Health Authorities (OACBHA), our Columbus-based board association, we were able to acquire PPE (personal

protective equipment) which we distributed to our agencies and community partners. We supported efforts to replace face-to-face counseling with telehealth.

The pandemic impacted many of our system's operations and events this fiscal year:

- All meetings, including board and committee meetings, were moved to a virtual format.
- There was no traditional annual meeting.
- There were no annual awards.
- Our annual *Expressions of Recovery* art show was cancelled.
- The *Friends of Lake ADAMHS Celebrity Art Auction* also fell victim to the pandemic.
- Our orientation trainings were put on hold.

We very much look forward to life returning to normal so we can resume all of these as soon as safely possible.



**Feeling overwhelmed right now is okay.**

The COVID-19 pandemic is impacting all of our lives. Feeling that there's just not enough of you to go around is a perfectly normal reaction. But if these feelings start to interfere with your life please reach out to one of these free, confidential resources for help.

<b>Need help NOW?</b>	<b>No urgency?</b>
24/7 Lake County Crisis Hotline: 440-953-8255 Crisis Text Line: Text "4HOPE" to 741 741	Lake County ADAMHS Board's Compass Line: 350-2000 or 918-2000 (both 440) Columbus Health Coronavirus Warmline: 440-754-3340

A message from your department and the Lake County Alcohol, Drug Addiction, and Mental Health Services (ADAMHS) Board. Learn more at [www.HelpThatWorks.us](http://www.HelpThatWorks.us)

**Are your personal relationships more challenging lately? That's normal.**

The COVID-19 pandemic is impacting everyone. Your personal relationships may be suffering as a result. If that's an issue in your life please reach out to one of these free, confidential resources for help.

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## BOARD'S FY2020 EXECUTIVE COMMITTEE

Les Beck, *Chair*  
 Dave Enzerra, *Vice-Chair*  
 Andy Meinhold, *Treasurer*  
 Matt Sabo, *Secretary*  
 Dione DeMitro, *Past Chair*

## FY20 BOARD MEMBERS

Nancy Brown  
 Kim Collise  
 Roberta Kalb  
 Pam Kurt  
 Jim McBride  
 Julia McGruder  
 Karen Sippola  
 Joanne Zeroske

### *We said goodbye to Rae Grady*

Rae retired after being an important part of our ADAMHS system for decades. We wish her well and thank her for her many contributions.

### *We welcomed Sandra Tenkku*



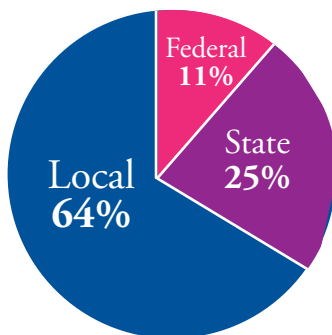
Sandra became our new Community Outreach Specialist. She provides trainings and presentations and is heavily involved with initiatives including our Suicide Prevention Coalition, and CALMHS Committee. Prior to joining the ADAMHS team Sandra had been Director of Housing Services for Extended Housing, one of the providers in our network.

## SERVICE PROVIDERS

Bridges  
 Catholic Charities Community Services of Lake County  
 Cleveland Rape Crisis Center  
 Crossroads Health  
 Extended Housing  
 Lake-Geauga Recovery Centers  
 Lake Health Emergency-Based Crisis Services

Lifeline  
 NAMI (National Alliance on Mental Illness) Lake County  
 Northcoast Behavioral Healthcare/Community Services Network  
 Signature Health  
 Torchlight Youth Mentoring Alliance  
 Windsor-Laurelwood

## FINANCIAL



### SFY20 Revenue

Federal	\$1,732,903
State	\$3,974,760
Local	\$9,909,726
<b>TOTAL</b>	<b>\$15,617,388</b>

### FY2020 ADAMHS Expense - out of every dollar spent

1. Family Support Services 5¢
2. Emergency, Crisis & Related Services 8¢
3. Medications & Med Management 3¢
4. Inpatient Psychiatric Care 9¢
5. Shelter & Residential Treatment 21¢
6. Counseling Services 4¢
7. Diagnosis & Assessment 2¢
8. Employment & Vocational Training 2¢
9. Consumer Outreach & Support 3¢
10. Community Education & Prevention 7¢
11. Intensive Needs-Specific Treatment 13¢
12. Intensive Substance Use Treatment 5¢
13. Program Monitoring & Board Management 6¢
14. Consumer Care Management 12¢