

LAKE COUNTY ADAMHS BOARD

Regular Board Meeting
Monday, December 14, 2020
6:00 p.m.
Zoom

Mr. Enzerra called the meeting to order 6:01 p.m.

ROLL CALL:

Members Present: Chair -- Dave Enzerra
Nancy Brown Kim Collise
Pam Kurt Roberta Kalb
Julia McGruder Andy Meinhold
Matt Sabo Karen Sippola
Joanne Zeroske

Members Excused:
Jim McBride
Les Beck

Staff Present:
Kim Fraser, Executive Director
Jackie Bruner, Director of Business Operations
Greg Markell, Director of Community/Public Affairs
Christine Lakomiak, Director of Clinical & Quality

Guests:
Emily Currie-Manring Catholic Charities Wendy Leatherberry
Mike Matoney Crossroads Health Carrie Dotson Lifeline, Inc.
Shayna Jackson Crossroads Health Katie Jenkins NAMI of Lake County
Karen McLeod Extended Housing Jonathan Lee Signature Health
Melanie Blasko Lake-Geauga Mary Wynn-Peaspanen Signature Health
Charles Tong Lake-Geauga Tim Kehres Torchlight Youth Mentoring
Lisa Falkenberg Lake Health Andrea Gutka WomenSafe, Inc.

Ms. Fraser asked that when guests are not speaking to please keep muted to keep out background noise. Board staff have established Zoom meeting protocols and are taking every precaution possible to ensure we do not have anyone attempt to disrupt our meeting; that said, if we do experience any disruption in the meeting, we will immediately end the Zoom session and will ask everyone to disconnect and then rejoin.

MINUTES OF MEETING:

Mr. Sabo moved to accept the minutes of the November 16, 2020 regular Board meeting as mailed. The motion was seconded by Ms. Zeroske and the Motion Passed Unanimously. (21-045)

CORRESPONDENCE:

There was no correspondence.

FINANCIAL REPORT:

Ms. Bruner read the financial report of Board operations for the month of November 2020 as follows:

Beginning Cash Journal Balance	\$5,850,823.38
Plus: Cash Receipts for the Month	\$ 619,915.02
Total to Account For	\$6,470,738.40

Minus: Cash Disbursements for the Month	\$1,463,881.31
Ending Period Adjustments	\$ 0.00
Ending Cash Journal Balance	\$5,006,857.09

Ms. Zeroske moved to accept the financial report for the month of November 2020 as read. Seconded by Mr. Meinhold, the Motion Passed Unanimously. (21-046)

PUBLIC COMMENT ON AGENDA ITEMS & INTRODUCTIONS OF GUESTS:

Guests were welcomed and invited to comment on any agenda items.

EXECUTIVE DIRECTOR'S REPORT:

Ms. Fraser stated we are continuing to operate with all staff (except Jackie and Kim) working remotely throughout December; we anticipate this may continue into the new year, as it is predicted that the next three months will be very challenging in terms of COVID.

Ms. Fraser stated we will be welcoming our new staff accountant, Eryn Medved, who officially joins our team on January 4, 2021. She will most likely start in a hybrid model with some time in the office and some time working remotely.

Ms. Fraser stated OhioMHAS has appointed a new Lake County ADAMHS Board member to replace the vacancy left by Dione DeMistro's terming off the board. Jordyn Paratore will be sworn in at the January 2021 full board meeting.

Ms. Fraser stated we are working with Crossroads Health to stand up a dedicated Lake Health Employee Support Line by the end of the week; this will be a dedicated helpline, exclusively for Lake Health employees, staff by clinicians with expertise in debriefing, to help Lake Health personnel deal with the ongoing pressures in the hospital as the COVID numbers continue to rise.

Ms. Fraser stated the majority of our providers have reverted many services back to a virtual platform in light of the COVID spike; we're working closely with all to ensure they have the resources they need to keep services flowing.

Ms. Fraser stated she will be meeting later this month with Commissioner-elect Wuliger (virtually) to bring him up to speed on the issues most significantly impacting our behavioral health system.

Ms. Fraser reminded we are aggressively stepping up our marketing efforts; bus signs and billboards will be going up this week, and our Holiday Wellness Guide spearheaded by Christine and her team and designed by Greg and has been incredibly well received. We are all working to think outside the box and find more aggressive ways to let our community know that help is available.

EXECUTIVE COMMITTEE REPORT:

Ms. Kalb moved to enter into a one-time SFY2021 non-Medicaid contract with Cleveland Rape Crisis Center for an amount not to exceed \$50,000 for Lake County-based services from January 1 through June 30, 2021. The motion was seconded by Ms. Zeroske and the Motion Passed Unanimously. (21-047)

Ms. Fraser stated Cleveland Rape Crisis Center has absorbed significant cuts in Victims of Crime (VOCA) funding this year. Their Lake County budget is \$365,000 in which we invest \$28,000. An additional \$50,000 will ensure services will remain here in Lake County.

Mr. Meinhold moved to make the following budget neutral line item adjustments to the SFY2021 Lake Geauga Recovery Center non-Medicaid contract; decrease Intensive Outpatient Treatment \$16,000 and increase Quarantine bed days \$16,000. The motion was seconded by Ms. Zeroske and the Motion Passed Unanimously. (21-048)

Ms. Fraser stated residential treatment clients and staff have been affected by COVID. These days enables us to keep the facilities safe and beds secured.

Mr. Sabo moved to make the following budget neutral line item adjustments to the SFY2021 Crossroads Health non-Medicaid contract; increase MH Day Treatment \$175,000; decrease MH Psychotherapy for Crisis \$10,000; decrease community services \$75,000; decrease MH psychotherapy services \$10,000; decrease employment services \$25,000; decrease intake and consultation \$40,000; decrease aches app \$10,000; decrease wellness grant \$5,000. The motion was seconded by Ms. Kalb and the Motion Passed Unanimously. (21-049)

Ms. Fraser reminded that we met with the agencies quarterly. Each service is a moving target in this COVID environment. Staff supports the adjustment.

Ms. Kalb moved to enter into a one-time SFY2021 non-Medicaid contract with Crossroads Health for an amount not to exceed \$128,601 for the Crisis Infrastructure Grant from January 1 through December 31, 2021. The motion was seconded by Ms. Brown and the Motion Passed Unanimously. (21-050)

Ms. Fraser stated there were two very strong proposals received and presentations were done last month from Crossroads Health and Signature Health. Board Staff went through matrix of 14 different categories in which Ms. Fraser reviewed. Staff felt Crossroads Health was stronger at this time because of existing partnerships with Police and community partners.

Mr. Meinhold moved to approve 6 month calendar of Board meetings attached. The motion was seconded by Ms. Brown and the Motion Passed Unanimously. (21-051)

Mr. Sabo moved to approve FY2021 Health Officers as recommended by the Director of Quality and Clinical Operations. The motion was seconded by Mr. Meinhold and the Motion Passed Unanimously. (21-052)

Ms. Fraser stated all Health Officers go through intense training and need to be approved by their Executive Director.

*As the **EVALUATION/QUALITY IMPROVEMENT COMMITTEE** did not meet since the last full Board meeting, the Board moved on to the next agenda item*

*As the **PROGRAM COMMITTEE** did not meet since the last full Board meeting, the Board moved on to the next agenda item*

*As the **ALLOCATION COMMITTEE** did not meet since the last full Board meeting, the Board moved on to the next agenda item*

LONG RANGE PLANNING COMMITTEE REPORT:

Ms. Zeroske called the meeting to order at 6:00 p.m. She noted that on the 'Lake County ADAMHS Board Strategic Plan FY2018-FY2022' handout she was shocked at how many things were on track despite COVID.

Ms. Fraser reported that there was a new goal added to the strategic plan. The Board has kept with the same foundational goals which date back and have stayed true for our system such as: increase productivity through revenue enhancement, staff development, cost containment, establish an integrated system of services and enhance leadership, advocacy and community outreach.

Ms. Fraser reviewed the 'Lake County ADAMHS Board Strategic Plan FY2018-FY2022' goals/progress as follows:

Goal 1: Restructuring of System

- The Jail Treatment Program was restructured with Crossroads Health taking over the program. This allows for better service delivery in the jail and a better transition after release.
 - Crossroads Health evaluates all inmates within 24 hours of admission.
 - Crossroads Health has incorporated services throughout the jail continuum.
- Streamline delivery of services to re-entry population.
 - A Reentry Support Group was launched in FY19 - it meets every third Wednesday of the month at Lifeline.
 - The Reentry Coordinator attends the Jail Treatment Program once a month and also meets with inmates several times throughout the week as requested by jail staff or through a request letter from an inmate. Due to COVID and the safety of staff sometimes meetings are held virtually.
 - The Coordinator also attends Drug and Mental Health Court.
 - The Reentry Coordinator attends outreach events at each of the state prisons in the northeast Ohio region.
- Expansion of Mobile Crisis
 - The Mobile Crisis Team expanded hours into the evening and is now available for individuals under the age of 18. A statewide training will be held virtually to look at best practices in terms of mobile crisis for youth tomorrow.
- Crisis Stabilization Center – This went on hold due to COVID. We were not able to look at best practices or bring in expertise into the county. It is still an area of focus and we continue to participate in Crisis Stabilization webinar series provided by the State to help Board's create stabilization units.

Goal 2: Outreach

- Expand services on west end of the county; raise awareness regarding availability of services.
 - Participating in outreach events held by Family Resource Center.
- Expanded Outreach to address pandemic-related challenges.
 - QPR Training
 - Created Virtual Support Groups and dedicated COVID Warmline.
 - A series of Empowerment videos created, posted online, and disseminated to community.
 - Virtual trainings provided to community groups about mental health during COVID-19.
 - Updating marketing plan aggressively looking at what we need to do today in response to COVID epidemic. Need to reinvigorate the awareness campaign for the 2nd wave.
- Expansion of Peer Support Program
 - Part time peer support recovery worker established within Lake Health Crisis Team.
- Expansion of ADAMHS 101 on evenings/weekend has been put on hold.
 - Sessions were held up until March 2020 - at that time COVID prevented sessions from continuing. Need to evaluate how to provide sessions during COVID (Potentially virtual).

Goal 2a: Suicide Prevention/Trauma

- Increase community suicide prevention efforts. There has been a plethora of work done by Ms. Tenkku and Crossroads Health prevention specialists. This is an area of focus as suicides have been

going up state-wide. Our SPC provider network has been increasing awareness locally and we are doing what we can to address this epidemic.

- AMSR (assessing and managing suicide risk) training, OACBHA Suicide Prevention Committee, QPR (question, persuade, refer) training being offered throughout the county, Suicide Awareness Trainings.
- Strengthen Suicide Prevention Coalition- utilize OSPF RFP for funding
- Suicide awareness materials were handed out to all PCPs and family medicine groups within Lake County.
- Suicide awareness and QPR trainings are offered on an ongoing basis.
- Crossroads staff will be trained in QPR.
- Continue to participate in OACBHA SPC.
- Participate in community events.
- Complete application for OSPF's SPC Initiative.
- Partnered with LLC to provide suicide prevention materials to specialized populations.
- Continue to support and promote Chrysalis.
- Expand School based services – this is a little more difficult to address with schools going remote due to COVID. The relationship that Crossroads Health has with schools and their ability to provide virtual support has allowed them to do an outstanding job given the environment. Still good work going on in that arena.
 - GAHTAH rebooted in Mentor Schools prior to COVID-19.
 - S.O.S. is being offered to all school districts with the K-12 program.

Goal 3: Expand Housing Services

- Housing has been a priority of the Board. We have done some great work expanding recovery housing in partnership with Lake Geauga Recovery Centers.
- Lake-Geauga's 16 bed residential facility in Concord opened last year and Lake-Geauga's 16 bed facility in Painesville is entering the next phase towards completion.
- Potential Supportive Housing at west end of county – continue to have zoning challenges.
 - Extended Housing continues to work on this; is not due to a lack of effort that this has not happened. They are at an impasse but it does not mean that work is not continuing.

Goal 4: Expand Substance Abuse Services/Detox Services

- Lot of work continues in this area and we are still in an opiate epidemic even though there is less attention.
- Expanded Opiate Recovery Transition Program to include alcohol use disorder.
 - The alcohol management withdrawal program established - we need to continue to update the community that this program is available.
 - Expand Opiate Recovery Transition Program – incorporated additional site (Signature Health facility: Mentor). SOR 2.0 dollars will help expand in that area.

Goal 5: Integration of Physical and Behavioral Health

- We have done a lot of training with Lake Health and have incorporated exercise therapy and yoga in residential treatment.
- Co-location of physical healthcare providers with behavioral health agencies. This is an ongoing challenge and is a statewide and local initiative. Signature health is expanding as a FQHC in Painesville

which will further enable them to provide services in the same location in a more collaborative manner. Need to keep this as an area of focus.

Goal 6: Technology

- Implement Vista Program at Board office – focus on use of technology -- on hold due to COVID.
- Access GOSH Data Warehouse
 - Ms. Bruner has been on the front end of the planning team for GOSH statewide. With the data warehouse we would be able to utilize claim information for non-Medicaid contracts along with MITS (Medicaid) claim information to find gaps in demographics served programs under and/or over utilized, and gaps in services needed. Canned reports can come out of this. Ms. Bruner has us on the forefront of when we can get this information. Great opportunity to look at the data of where we have challenges, gaps, demographically, etc.

Goal 7A: Special Populations/Aging

- The work with our aging population has been strong. Ms. Tenkku has been partnering with county leaders to look how we can make sure that those who treat the aging population and those who are in the aging population know how to access our services. Working with Senior Centers, RSVP, LCCOA and Adult Protective Services is great. This will help bridge the gap and build trust so that they utilize the service.
 - Partner with RSVP to increase awareness around aging population and access to services for grandparents providing kinship care --Kinship Navigator Program established.
 - Provide trainings to Directors of Senior Centers, RSVP, and APS about the effects of COVID-19 and services available within our system.
 - Training with Association of Specialists in Aging about mental health in seniors and services available within our system.
 - Provide QPR trainings to above mentioned groups.

Goal 7B: Special Populations/LGBTQ

- Established LGBTQ workgroup addressing specific needs of LGBTQ in the community and how ADAMHS can be responsive. Identified a community partner that has applied and become 501C(3) – LGBTQ+ Lake County. We have handed over reigns of the workgroup to LGBTQ+ Lake County and did exactly what we set out to do.
 - ADAMHS staff attends monthly LGBTQ Workgroups held by LGBTQ+ Allies.

Goal 7C: Youth

- Reached out to all 9 public schools to explore partnerships relative to the “Student Wellness and Success” initiative and ADAMHS school-specific prevention funding. All 9 county school districts have committed to participating. This is working well and moving in the right direction. Relationships with schools are as strong as it has ever been.

Goal 8: Health Equity – Black, Indigenous, People of Color

- This is a new goal. As you know we have been talking about health equity and are looking at a good plan going forward. Some action steps include:
 - Examine internal operations including staff and Board make-up, COQ policies, and contracting.
 - Working to identify an internal health equity lead; someone who can lead discussions. We have been in a number of trainings statewide around health equity and disparities and how we can make our system work to the good. Hope to complete internally in the next month.

- Establish system-wide training/roundtable discussion. Maybe bring a facilitator to help engage in uncomfortable conversations about if we are doing our best at being equitable in delivery of services.
- Establish an ongoing workgroup that meets quarterly within our system.
- Identify ongoing issues – make sure we have a plan.
- Identify strengths and challenges.
- Establish policies and practices to ensure ongoing health equity; looking at contracting language.

Discussion: Has Lake Health or the Health District done a need assessment on the health equity in Lake County? There was no health equities or disparities identified in either of their most recent assessments. We did a data analysis of the clients we serve. The African American community is 4.4% of population in Lake and we serve approximately 11%. The Hispanic population is 4.1% of the population in Lake and we serve approximately 2%.

Ms. Fraser noted that there has been a tremendous amount of movement on the Strategic Plan despite COVID. There have been some barriers but we continue to move in a positive direction.

Ms. Zeroske noted that suicide is always on this list; it would be nice to see some statistical representation of what the numbers were by years, age. How they are trending? Ms. Fraser stated we have the data. Ms. Lakomiak's team does a tremendous job on tracking that information as well as overdose deaths. Ms. Zeroske suggested presenting this information to the full Board as well as other topics. A couple of years ago at every Board meeting Ms. Fraser presented on a topic and noted that she would resurrect that; presenting on suicide data in December.

Mr. Meinhold suggested having a dashboard that had significant data that is tracked so Board members could see trends. Possibly being presented quarterly? Ms. Fraser agreed this is a good idea having it stored in one place.

Mr. Meinhold asked about the targeted outreach in the west end of the county and if we had plans to reach those individuals? Pre-Covid we started that. Ms. Tenkku had partnered with the Family Resource Center in Wickliffe and did outreaches to churches. We did not get the momentum due to COVID needed in the marketing and outreach at that end but we will resurrect efforts and keep as a priority.

Mr. Enzerra gave kudos to Ms. Fraser and the staff for pulling this document together and keeping it updated. It is a simple tool to see at a glance at a high level. He really liked the idea of reaching out to diverse populations. This is a cultural change and he can see this as part of our strategic plan for years to come because it is a continuous improvement journey. As we look into 2021 and beyond; what are those key parts of the plan we want to focus on? There are a lot of things on the table. Are there one or two key things that you feel are really important that we can drive towards completion? Ms. Fraser stated that was a great idea and she would like to send the Strategic Plan out to Executive Directors of provider agencies who can shed some light on that very question. She would like to find out their perspective on the top two priorities and then bring that back to the Board.

Ms. Zeroske thanked Ms. Fraser for an excellent summary on the plan.

Next Meeting Date: Plan to regroup in six months

Mr. Enzerra thanked the Board Staff for the work put into updating the strategic plan and overview. He stated he believes having the committee review it every six months is a good plan.

OLD BUSINESS:

There was no old business.

NEW BUSINESS:

Payment of Bills Ms. Brown moved that the Board approve the December bills totaling \$1,205,471.92 be paid as presented. The motion was seconded by Ms. McGruder. As there was no discussion the Board voted and the Motion Passed Unanimously. (21-053)

GOOD OF THE GROUP:

Mr. Sabo on behalf of the Sabo family thanked everyone for the condolences received.

Ms. Brown thanked the Board for the basket received.

Mr. Enzerra wished everyone Happy Holidays and wishes for a Happy, Healthy, Safe and Prosperous New Year.

As there was no further business, Ms. Zeroske moved for adjournment at 6:45 p.m. The motion was seconded by Mr. Sabo and the Motion Passed Unanimously. (21-054)

Respectfully submitted,

Dave Enzerra
Chair

Roberta Kalb
Secretary