

# **FY 2022**Annual **REPORT**

**PREPARED BY** KIM FRASER AND THE LEADERSHIP TEAM

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## **Executive Director**

# Statement From Kim

Throughout State Fiscal Year 2022, the Lake ADAMHS Board has adjusted to the "new normal" as COVID's impact has lessened. As a Board and system, we have transitioned from nearly exclusively using virtual services and Zoom meetings to now alternating between in-person and virtual interactions. This balance has proved positive as we stay connected while being flexible in fulfilling our mission of service.

This year, we focused on two of our greatest threats - the opioid epidemic and suicides. First, the Board partnered with county government in holding those responsible for the opioid crisis accountable through federal litigation. A federal judge ordered three pharmacy chains to pay Lake and Trumbull counties for their businesses' role in the opioid epidemic. While the pharmacies will appeal the ruling, the jury's verdict and

Judge's ruling validate what we have known for two decades; that Lake County citizens have unnecessarily suffered at the hands of pharmacies. Second, we adopted a system-wide mission to eliminate suicide through awareness and education. By providing this vital training and support for our system and community, we strive to reach those individuals that have lost hope or have been routinely isolated.

Finally, in the wake of the COVID pandemic we know our network providers have been impacted on both the financial front and the human resource front; compassion fatigue, burnout and inflation have all impacted our workforce. In response, we focused on our greatest asset – the individuals who serve our community – from behavioral health professionals to first-responders, these essential workers are being asked to do more every day, and we looked for ways to help. The Board addressed everything from salaries, to healthcare, to continuing education, to selfcare as steps to provide appreciation and support.

We are grateful for the continued collaboration within our community, our network of providers, and our Board, all who share our mission to help our citizens' lead healthier, more productive lives. Thank you, as always, for your support.

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## Lake County

#### Population - U.S. Census

- 2020 232,603 (+1.1%)
- 2010 230,041

#### **Population - Estimates**

- July, 2021 232,023 (-0.2%)
- April, 2020 232,603



# About Lake County ADAMHS Board

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We are established by Ohio statute, and the Lake ADAMHS Board plans, monitors, evaluates, and funds services for Lake County residents with mental illness and/or substance use disorders. These services are delivered through a network of providers.

#### **Network Service Providers :**

- BRIDGES: Mental Health Consumer Empowerment
- Catholic Charities Community Services
- Cleveland Rape Crisis Center
- Crossroads Health
- Extended Housing
- Family Pride of Northeast Ohio
- Lake-Geauga Recovery Centers
- Lifeline, Inc. and 2-1-1
- NAMI Lake County (National Alliance on Mental Illness)
- Northcoast Behavioral Healthcare / Community Services Network
- Signature Health, Inc.
- Torchlight Youth Mentoring Alliance
- Windsor-Laurelwood Center for Behavioral Medicine
- WomenSafe, Inc.





# Helping Our Board

#### **Board Growth:**

The Lake ADAMHS Board staff has expanded by adding Dan Rowles, Behavioral Health Project Manager. Dan has two decades of experience working for agencies within our system. He will manage current programs, new grants and reporting requirements while leading the data architect in the design of how the ADAMHS Board will collect and analyze health data in the future.

Milica Radivojevic has been hired as our new Staff Accountant. She recently graduated from Baldwin Wallace University with a degree in finance and accounting. She previously worked in the private sector. Her role will be to track grant funding, distribution of funding, financial reporting, and she will work collaboratively with all of our contract providers and vendors to ensure all expenditures are following auditing standards.



#### **Data Driven Decisions:**

The Board has identified and hired a Data Architect consultant, Peggy Moe. She will be designing programs for searching, retrieving, and sorting data used for future strategic plan implementation.

The Data Architect will also create connections between our two main data collection systems of care, FileMaker and GOSH, and pull them into a technology-driven business intelligence tool for analysis, visualization and modeling. From this information, we can build reports and create dashboards to assess current needs and determine future trends to better assist our community.





# Helping Our Community

#### First-Responder Initiative:

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First responder initiatives within the community include the First Responder Wellness and Peer Support Programs. The First Responder Wellness Program helps first responders with mental, emotional, and physical wellness. The program offers specialized counseling, a 24-7 phone line dedicated to first responders, and wellness activities such as yoga. A separate program, but one that enhances the First Responder Wellness Program, is the Peer Support Program. Peer Supports are coordinated through the First Responder Liaison at Crossroads Health. The program involves various first responding agencies (from police departments to fire departments) that have peers who have been trained to support their colleagues. The ultimate goal of this program is to embed a culture of wellness into participating departments through prevention activities that address resiliency, establish supports for first responders, and intervention services.

#### Rise and Thrive Grant Leads to Wellness Initiative:

This past year, the Lake ADAMHS Board had the opportunity to partner with Lakeland Community College to develop a wellness initiative through the Campus-Community Partnership grant from Rise and Thrive. Dr. Ken Browner, Lakeland's psychologist, spearheaded the project and used the input of agency partners, Lakeland's Mental Health Task Force, and students invested in the health of their peers to develop the program. The outcomes included the following: stress-relieving initiatives, relaxation zones on campus, a new one-hour credit course on resiliency and wellness (offered at no-cost to the first 50 students), and a wellness campaign where prizes were raffled off to students who participated.

Dr. Browner said, "Throughout the pandemic, I think we have learned that mental health is not just a concern for certain people who have serious depression, anxiety or other diagnoses—rather, we all need to devote attention to our wellness and self-care."

# Help Our System

#### Workforce Initiative:

The Workforce **Development Initiative** was offered to clinical and non-clinical providers to assist with workforce retention and improve morale concerns. Nine agencies received funding and between those nine agencies, 33 staff received employee wellness initiatives and training, 46 staff received compensation bonuses, 105 staff received salary increases, and 139 staff received additional benefits.

All of the reports from the providers who received the Workforce Development Funding reported a positive impact, better wellness, and retention of their staff.

#### Zero Suicide Initiative:

In 2021, Lake County saw a dramatic increase in the number of suicide deaths. The Lake ADAMHS Board knew that drastic changes needed to happen in order to end these tragedies. The research was conducted and Zero Suicide was identified as a framework to help our Lake ADAMHS Board system transform and continue to prevent suicide deaths. The Zero Suicide Initiative is a marathon – not a sprint. Lake ADAMHS Board providers have participated in a one-day workshop to learn the framework and a twoday academy to learn how to implement the framework within their organizations, and they continue to participate in monthly calls to focus on each element of the framework and brainstorm ways to partner in keeping clients safe.



# Financial Report



The Lake ADAMHS Board received an increase of approximately 8.5% in state and local dollars. The increase is partially due to one-time COVID relief funding in State dollars. We did see an increase in home values which increased the Local funding but only slightly.



The Federal funding decreased slightly for FY2022 but it is expected to rebound in SFY2023.

## FY 2022 ADAMHS Expenses Chart: Expenses out of every dollar invested





# **FY 2022 Executive Committee**

All board members are Lake County residents who serve with passion and without compensation.

Andy Meinhold Chair

Matt Sabo

**Roberta Kalb** 

Vice-Chair

Treasurer

Joanne Zeroske Secretary

Dave Enzerra Past Chair

## **Board Members**

**Nancy Brown Kim Collise** Pamela Kurt **Curtis Lau** Jim McBride

Julia McGruder **Nicole** Parker **Amber Torres Gonzalez** 

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# FY 2022 - Team



## Jackie Bruner

Director of Business Operations

**Christine Lakomiak** Director of Quality and Clinical Operations



**Greg Markell** Director of Marketing and Communications

> Milica Radivojevic Staff Accountant





Carla Reynolds Member Services Coordinator

> Danette Richards Triage Specialist





Dan Rowles Behavioral Health Project Manager

> Sandra Tenkku Community Outreach Specialist

## Amy Tulenson

Transportation Coordinator

Kelly Tuttle Secretary/Receptionist





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# Notes

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