

LAKE COUNTY ADAMHS BOARD

Regular Board Meeting
Monday, December 19, 2022
6:00 p.m.

Lake County ADAMHS Board, One Victoria Place, Suite 201, Painesville

Mr. Sabo called the meeting to order 6:00 p.m.

ROLL CALL:

Members Present: Chair -- Matt Sabo

Kim Collise	Dave Enzerra
Mike Hatton	Roberta Kalb
Stacy Kramer	Curtis Lau
Martin Phillips	Jeffrey Taylor
Joanne Zeroske	

Members Excused:

Pam Kurt	Andy Meinhold
Nicole Parker	Amber Torres Gonzalez

Staff Present:

Kim Fraser, Executive Director
Jackie Bruner, Director of Business Operations
Christine Lakomiak, Director of Quality & Clinical Operations
Kelly Tuttle, Secretary/Receptionist
Dan Rowles, Behavioral Health Project Manager
Milica Radivojevic, Staff Accountant

Guests:

Carol Casey	Bridges	Scott Hutchison	Crossroads Health
Damir Pavicic	Bridges	Shayna Jackson	Crossroads Health
Vicki Pavicic	Bridges	Dean Visk	Crossroads Health
Ed Trevena	Bridges	Karen McLeod	Extended Housing
Laura McIntosh	Bridges	Angi Daugherty	Family Pride
Tina Thompson	Bridges	Melanie Blasko	Lake-Geauga
Chuck Brommer	Bridges	Charles Tong	Lake-Geauga
Jodie Love	Bridges	Jackie Smith	Lake Health
Patricia Rotert	Bridges	Carrie Dotson	Lifeline, Inc.
Jessica Martin	CCS	Matt Selker	NAMI Lake County
Gayle Hutzell	Crossroads Health	Jonathan Lee	Signature Health
Marlaina Tucci	Crossroads Health	Michelle Granich	Windsor-Laurelwood
Danielle Lanning	Crossroads Health	Andrea Gutka	WomenSafe
Colton Luther	Crossroads Health		

MINUTES OF MEETING:

Mr. Lau moved to accept the minutes of the November 14, 2022 regular Board meeting as mailed. The motion was seconded by Mr. Phillips and the Motion Passed Unanimously. (23-048)

CORRESPONDENCE:

Ms. Fraser reported that the Board received a public records request from Mr. Brian Massie. After consulting with the Prosecutor's office the requested records were sent.

Ms. Fraser announced that correspondence was received from Mr. Meinhold resigning from the Board effective immediately due to personal reasons. He noted it has truly been an honor to serve. Mr. Sabo added that Mr. Meinhold was a mentor to him and will be missed.

FINANCIAL REPORT:

Ms. Radivojevic read the financial report of Board operations for the month of November, 2022 as follows:

Beginning Cash Balance	\$6,356,794.60
Plus: Cash Receipts for the Month	\$ 286,459.87
Total to Account For	\$6,643,254.47
Minus: Cash Disbursements for the Month	\$ 961,884.28
Ending Period Adjustments	\$ 00.00
Ending Cash Journal Balance	\$5,681,370.19

Ms. Zeroske moved to accept the financial report for the month of November as read. The motion was seconded by Ms. Kalb and the Motion Passed Unanimously. (23-049)

PUBLIC COMMENT ON AGENDA ITEMS & INTRODUCTIONS OF GUESTS:

Guests were welcomed and invited to comment on any agenda items.

Mr. Sabo thanked everyone for attending the open house prior to the meeting and it was nice return to some normalcy. Ms. Fraser thanked Ms. Tuttle for organizing the event.

EXECUTIVE DIRECTOR'S REPORT:

Ms. Fraser stated that the FY22 annual report was included in Board packets and will be mailed to public officials across the county and state. The report highlights the great work we do here as a Board and system.

Ms. Fraser announced that the rescheduled Board Retreat will be held on Monday, January 23rd after a brief Board meeting that will start at 5:00 p.m.

Ms. Fraser thanked Board members for their participation in agency fundraisers. Your presence makes a difference.

Ms. Fraser shared the Board partnered with Crossroads Health in the implementation of the SURVIVR Virtual Reality Training Simulator that provides experience in de-escalation and person in-crisis response to a variety of mental health, substance-use and active shooter scenarios. Demos were provided recently to local police departments on the equipment.

Ms. Fraser reported that the senior in-home services partnership with Family Pride of Northeast Ohio was covered by Channel 19 News.

Ms. Fraser advised that the Board received a \$50,000 grant from the Ohio Center of Excellence for Behavioral Health Prevention and Promotion to be used for a youth gambling campaign called 'Change the Game' to coincide with the modifications in Ohio's gambling laws starting January 1st. Ms. Tenkku, Mr. Rowles and Mr. Schick worked together to craft a proposal to garner these dollars.

Ms. Fraser stated that tonight's data spotlight is on Supported Employment. Mental illness and substance use disorder impact an individual's ability to obtain and maintain gainful employment. Up to 90% of individuals with a serious mental illness are unemployed. Some barriers include criminal backgrounds, multiple health issues, lack of transportation, lack of experience, lack of confidence/self-esteem and stigma. Through the

supported employment program at Crossroads Health, individuals are receiving job coaching, help with their resumes, and being matched with jobs that suit their talents. Quality Outcome indicators show that transportation barriers are being addressed and clients are earning above minimum wage. There is also a diversity of employers. The number of clients served by the program has increased along with wages and average length of job duration. Ms. Fraser announced that Maureen M. and Scott H. were awarded 'Shining Stars' in the program. Scott, who was present, was warmly congratulated and applauded. He has been employed at Get Go since March 2020.

EXECUTIVE COMMITTEE REPORT:

On behalf of the Executive Committee, Ms. Zeroske moved that the full Board enter into a SFY2023 non-Medicaid contract with Crossroads Health for an amount not to exceed \$5,930.20 for a pharmaceutical refrigerator/freezer. The motion was seconded by Ms. Kalb. After discussion the Board voted and the Motion Passed Unanimously. (23-050)

Ms. Fraser noted that this will allow Crossroads Health to store lifesaving medications and/or vaccinations to be available for clients with serious behavioral health issues.

On behalf of the Executive Committee, Ms. Kalb moved that the full Board approve SFY2023 Health Officers as recommended by the Director of Quality and Clinical Operations. The motion was seconded by Ms. Zeroske. After discussion the Board voted and the Motion Passed Unanimously. (23-051)

Ms. Fraser noted that before an individual is authorized to be a health officer they must complete a comprehensive training.

On behalf of the Executive Committee, Ms. Collise moved that the full Board approve the following budget neutral line item adjustments to the SFY2023 Lake Geauga Recovery Center non-Medicaid contract: increase MH Evaluation & Management Ancillary Grant \$18,000; decrease Peer Recovery Support \$18,000. The motion was seconded by Ms. Zeroske. After discussion the Board voted and the Motion Passed Unanimously. (23-052).

On behalf of the Executive Committee, Ms. Zeroske moved that the full Board approve the following adjustments to the Board Operating Budget: increase Food (account #614) \$2,000; increase Postage (account #654) \$300; increase Training (account #693) \$4,000 based on our cash reserves. The motion was seconded by Ms. Kalb. After discussion the Board voted and the Motion Passed Unanimously. (23-053).

Ms. Fraser noted that there have been more trainings being held and there are enough dollars in cash reserves to cover the expense.

EVALUATION/QUALITY IMPROVEMENT COMMITTEE REPORT:

Mr. Taylor reported that the Evaluation/Quality Improvement Committee met on December 12th and the following item was discussed:

Quality Improvement Review of North Coast Behavioral Healthcare Services (NBHS) Ms. Torbert presented a power point stating that NBHS provides residential treatment services and med/som services at Willoughby Place and Madison Place. The two homes safe supportive transitional housing along with needed residential support services for up to 8 mental health clients at each site. Referrals are received from the state hospital, private hospitals, private nursing homes, jails and prisons. Patients coming out of the state hospital are prioritized. A resident must be at least 18 years-old, severely mentally ill with co-occurring disorders living in

the community and at high risk of psychiatric hospitalization or psychiatrically hospitalized or incarcerated needing to transition back into the community.

The group homes are licensed by OhioMHAS and accredited by the Joint Commission under Behavioral Healthcare Standards. They are staffed 24 hours/7 days a week by a trained and skillful staff. They monitor and reinforce skills and interventions through 1:1 and groups. Residential staff assist with personal care services such as: bathing, oral hygiene, grooming, dressing, and toileting; meal preparation, household skills (chores, laundry); medication monitoring; care of minor illness; care for medical condition (i.e. diabetes, arthritis) and socialization/leisure skills.

Mr. Cummings stated that 75% of their residents will transition to a more independent or supported environment within 18 months. In SFY22 there were 12 discharges from the two homes. Bed utilization was at 88%; above the target of 85%. Of the 12 discharged residents 100% were not re-referred or readmitted within 30 days. The success is a result of direct skills teaching in the program and increased support and collaboration with case management agencies and Extended Housing.

Some challenges the group homes face include: less restrictive housing options, wait times, stigma and staffing stability.

Ms. Lakomiak reviewed the agency's QI plan. It is in compliance with their certification through OhioMHAS and it is her recommendation that we approve their plan.

On behalf of the Evaluation/Quality Improvement Committee, Mr. Taylor moved that the full Board accept Northcoast Behavioral Healthcare's Quality Improvement Plan. The motion was seconded by Mr. Lau and the Motion Passed Unanimously. (23-054)

Next meeting date: Monday, January 9, 2023 at 5:30 p.m. at the Lake County ADAMHS Board

OPERATIONS COMMITTEE REPORT:

Ms. Kalb reported that the Operations Committee met on December 13th and the following item was discussed:

Federal Updates Ms. Fraser reported that there have been some changes in the general assembly but there still is momentum around behavioral health. SOR 3.0/SOS funding has been approved for the next 2 years. This was informational and no committee action was required.

State Updates Ms. Fraser stated that the Ohio House and Senate now have super majorities secured for the Republican Party, making this an extremely conservative legislature. Significant focus in the next biennium will be on education. However, Senator Dolan introduced SB 357 to expand mental health services and reduce gun violence. If passed, the focus would include crisis infrastructure. Senator Cirino has expressed interest in supporting a crisis center for our region. This was informational and no committee action was required.

Local Updates – Wait List Update Ms. Fraser presented a power point on provider agency waitlists. She reminded that in the fall of 2021 we created a Workforce Grant (approximately \$1 million annual investment) to focus on recruitment of qualified staff, retention of qualified staff and training and recognition of qualified staff. In the spring/summer of 2022 we tracked the success of our investment and identified barriers and began benchmarking our wait list data against state and national data. Ohio's overall ranking for mental health in America fell from 11 in 2021 to 25 in 2022. Ohio ranks 26th in mental health workforce availability

(380:1). Waitlists in the region are anywhere from 1 month to 9 months for psychiatry and counseling. Clear and accurate wait list information could not be obtained from the Ohio Department of Mental Health and Addiction Services despite multiple attempts. In the fall of 2022 we re-assessed programs and updated local wait list data and conducted meetings with providers to identify opportunities to improve wait list times and worked with each agency to identify a menu of options to be offered to clients. This is a significant issue in the behavioral health system and we cannot wait for the state to help solve the problem. Moving forward Board staff will meet with each agency monthly to identify trends, barriers and opportunities. This was informational and no committee action was required.

Bridges Increase in Funding Ms. Fraser reported that Bridges has asked for an increase in the amount of \$53,863.00 in funding. This would give them the opportunity to expand staff as attendance grows post-COVID, continue to do outreach through mailings and address cost increases due to inflation at community activities. Staff recommendation is to enter into a contract with Bridges for the increased funding.

Mr. Pavicic noted that the bi-monthly mailings have made a huge difference to Bridges clients and that they prefer the piece of mail as opposed to a phone call.

On behalf of the Operations Committee, Ms. Kalb moved that the full Board enter into a SFY2023 non-Medicaid contract with Bridges Mental Health Consumer Empowerment for an amount not to exceed \$53,863.00. The motion was seconded by Ms. Collise and the Motion Passed Unanimously. (23-055)

Signature Health Line Item Adjustment Ms. Fraser brought before the committee line-item adjustments that Signature Health is requesting. The adjustments are budget neutral and there is no decrease to the service provision. Staff recommendation is to approve the adjustments as presented.

On behalf of the Operations Committee, Ms. Kalb moved that the full Board approve the following line item adjustments to the SFY2023 Signature Health non-Medicaid contract: increase SUD IOP Group Counseling \$35,000; increase SUD Psychotherapy \$2,000; increase MH Group/Partial Hospitalization Program \$24,150; decrease residential treatment \$61,150 for a budget neutral line item adjustment. The motion was seconded by Mr. Phillips and the Motion Passed Unanimously. (23-056)

Other Ms. Fraser advised that Board staff has met with provider agencies to look at year to date finances and outcomes. The meetings were productive and collaborative; identifying challenges and strengths make movements. She gave kudos to Lake-Geauga and Extended Housing who did a stellar job on their presentations. All agencies did a great job and were extremely collaborative; it was a worthwhile effort. This was informational and no committee action was required.

Ms. Fraser announced the Board had its COQ audit the past two days which was led by Ms. Lakomiak. During the exit interview which entailed 142 standards in 9 categories there were no areas for improvement and showed strength after strength in each standard. A lot of time and work went into this audit by staff. This was informational and no committee action was required.

Next Meeting Date: Tuesday, February 14, 2022 at 5:30 p.m. at the Lake County ADAMHS Board

OLD BUSINESS:

There was no old business.

NEW BUSINESS:

Payment of Bills Ms. Zeroske moved that the Board approve the December bills totaling \$2,029,464.30 be paid as presented. The motion was seconded by Ms. Kalb and the Motion Passed Unanimously. (23-057)

Mr. Sabo thanked everyone for attending and to have a wonderful holiday.

As there was no further business, Mr. Lau moved for adjournment at 6:30 p.m. The motion was seconded by Ms. Kalb and the Motion Passed Unanimously. (23-058)

Respectfully submitted,

Matt Sabo
Chair

Kim Collise
Secretary