



Lake County
ADAMHS Board

FY 2023

Annual REPORT

PREPARED BY
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THE LEADERSHIP TEAM

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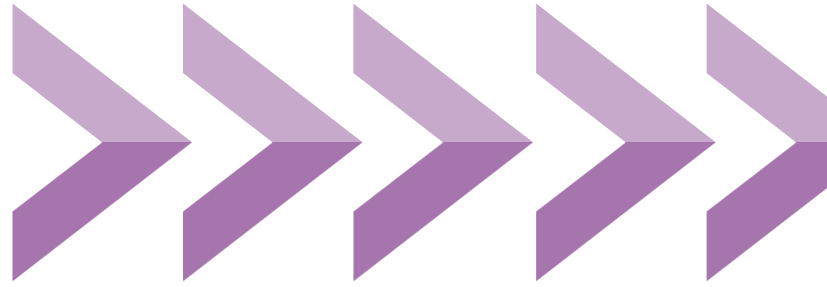
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Executive Director

Statement From Kim

“ As we reflect on the progress of our local behavioral health system in FY2023, collaboration, and partnership have been a cornerstone of our growth. As fiscal and human resources have continued to be challenged, we’ve depended upon our ability to work cooperatively to ensure services and supports have been available to Lake Countians in need. Our Board has added new support services, in the forms of creative art therapies and home-based supports for isolated seniors, to supplement the core behavioral health services offered in our community. We’ve strengthened relationships with first responders, to ensure those in our community experiencing crises are quickly connected with behavioral health resources. We’ve expanded our capacity to assist the criminal justice system by embedding behavioral health liaisons in

all three Lake County Municipal Court Systems (Willoughby, Mentor, and Painesville), in order to intervene at an early stage in the court process, address co-occurring behavioral health and criminogenic needs, and reduce recidivism. We’ve counted on our relationships with family members, individuals in recovery, allies, and advocates to collectively raise our voices and demand adequate funding for behavioral healthcare.

The year has also been one marked by change. While opiates and suicides continue to be two of our greatest foes, how and where they impact our community has evolved, and our prevention, education, and treatment modalities have evolved as well. Data continues to drive our decision-making and has allowed us to target resources as service demand shifts. Finally, after 25+ years calling Painesville our home, we embarked on a plan to relocate our Lake ADAMHS offices, a change that we know will allow us to serve all of Lake County even more efficiently and effectively.

We continue to be grateful for the collaboration within our community, our network of providers, and our Board, all whom share our mission to help Lake Countians lead healthier, more productive lives. Thank you, as always, for your support. ”



About Lake County ADAMHS Board

Lake County

Population - U.S. Census

- 2020 - 232,603 (+1.1%)
- 2010 - 230,041

Population - Estimates

- July, 2021 - 232,023 (-0.2%)
- April, 2020 - 232,603



We are established by Ohio statute, and the Lake ADAMHS Board plans, monitors, evaluates, and funds services for Lake County residents with mental illness and/or substance use disorders. These services are delivered through a network of providers.

Network Service Providers :

- BRIDGES: Mental Health Consumer Empowerment
- Catholic Charities Community Services
- Cleveland Rape Crisis Center
- Crossroads Health
- Extended Housing
- Family Pride of Northeast Ohio
- Fine Arts Association
- Lake-Geauga Recovery Centers
- Lifeline, Inc. and 2-1-1
- NAMI Lake County (National Alliance on Mental Illness)
- Northcoast Behavioral Healthcare / Community Services Network
- Signature Health, Inc.
- Torchlight Youth Mentoring Alliance
- University Hospitals
- Windsor-Laurelwood Center for Behavioral Medicine
- WomenSafe, Inc.

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Board Growth



The Lake County Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board staff has changed by adding David Schick, Director of Marketing and Communications. This position was vacant after the retirement of Greg Markell. David has nearly two decades of experience working within the media and communications field. Before joining the ADAMHS Board David served as the Public Service Coordinator for the Lake County Department of Utilities. David's community marketing expertise and communications background will continue to grow the ADAMHS Board presence in Lake County.

The Lake ADAMHS Board promoted Dan Rowles as the Director of Quality and Clinical Operations. Dan was formerly the Director of Special Projects and has been with the Board for a little over a year. This position was vacant after Christine Lakomiak left to be the Executive Director for the Geauga Board of Mental Health and Recovery Services. Dan will continue to ensure that our board operates with integrity, transparency, and with the consumer and family at the heart of everything we do. This continues to make Lake County a leader in the state.



Advocating for Behavioral Health:

Lake ADAMHS continues to be a strong voice for behavioral health in Columbus. Kim Fraser, Lake County ADAMHS Board's Executive Director, testified before committees of the House of Representatives and the State Senate, providing a voice for Lake Countians and advocating for (1) increased awareness of issues impacting people living with mental illnesses and addiction disorders and (2) advancement of policies that positively impact Ohioans affected by mental illnesses and addiction disorders.



Community Planning

Plans & Assessments Completed:

The Lake ADAMHS Board submitted their Community Assessment and Plan which provides a road map for the county's behavioral health system for the next three years. Through the community assessment process, boards statewide provide the Ohio Department of Mental Health and Addiction Services office with information about the changing needs of eligible individuals and families. The process establishes baseline information and a current snapshot of the community. This, in turn, enables programs to project trends, develop strategies, and support continuous quality improvement.

The comprehensive community assessment is driven by eight objectives. All of the objectives point to this essential question: How can Lake ADAMHS ensure that the correct blend of services and supports are provided to the appropriate population?

- i. ***Meet Federal Regulations***
- ii. ***Make Decisions and Program Planning***
- iii. ***Educate Staff and Stakeholders***
- iv. ***Address Changing Priorities and Policies***
- v. ***Respond to Trends and Changes in the Community***
- vi. ***Mobilize Community Resources***
- vii. ***Maximize Community Partnerships***
- viii. ***Increase Financial Resources***

The Lake ADAMHS Board and Leadership team also completed the FY2023-2028 Strategic Plan, planning for the next five years. The Plan addresses local programs, trends, news, and capital expenditures, enabling board members to proactively address future needs, concerns, and issues.

System Changes

Board Expands Service Providers:

The Fine Arts Association's (FAA) Creative Arts Therapies department received a Pilot Program Grant from the Lake ADAMHS Board. This support allows the ADAMHS Board providers access to the FAA's music therapy, art therapy, and adapted arts programming. With the growing need for mental health services, the FAA is well equipped to offer these beneficial therapies to the agencies supported by the ADAMHS Board. The arts are a powerful means to improve and enhance the psychological, emotional, physical, and social health of individuals.

CONTINUED

Family Pride of Northeast Ohio became a certified provider of senior services for the Lake ADAMHS Board. They work alongside essential organizations, including the Lake County Council on Aging and the Adult Protective Services, to cultivate a community-based, senior-focused mental health service that fosters prompt recognition and treatment of mental health and substance-use needs of seniors throughout Lake County. This program focuses on reducing the many barriers to the health and emotional well-being of seniors throughout Lake County through case management and therapy services. Family Pride's in-home and community service model takes away an older adult's mobility and/or transportation barrier, as their team can bring needed mental health services to them.





New Challenges:

Throughout State Fiscal Year 2023, the State was focused on the approval of legalized sports betting starting January 1st. Sports betting is the most popular form of gambling nationwide, and Ohio residents were bombarded with millions of dollars of advertisements related to promotional credits or “free money” that could be used to start accounts on sports betting apps. The Lake County ADAMHS Board was focused on the preparation of services and supports for gambling addiction and anticipated the increase in calls for services and client appointments ranging from those of legal gambling age to those under-aged. Given that many of the video games and apps youth play simulate the same excitement experienced by gambling. The younger in age someone is introduced to gambling, the more likely they are to develop problem gambling as adults. The Lake County ADAMHS Board was the only board to receive a \$50,000 grant used to raise awareness of youth gambling by The Ohio Center of Excellence for Behavioral Health Prevention and Promotion. The campaign was called Change the Game and was distributed in every county school district, as well as items circulated on youth-centric audio streaming services.

Decontamination Units for First Responders:

Lake ADAMHS partnered with local first responders to provide Decontamination Units to every fire department in Lake County. The units help ensure that first responders are protected from exposure to illicit opioids and other dangerous contaminants. They provide Lake County with one more tool in our collective fight against the opioid epidemic.

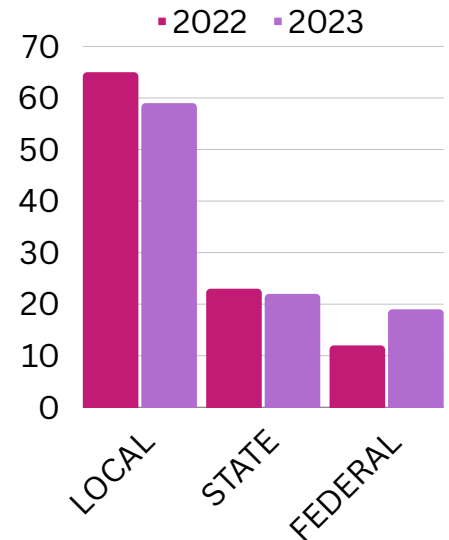
Lake County Veterans Collaborative:

The Lake ADAMHS Board identified a need to ensure services are provided in a coordinated and collaborative manner to our Lake County residents with military experience. This group came together and made connections, shared resources, and supported one another. Since inception, we acknowledged that Lake ADAMHS Board is a dedicated partner, but not necessarily the right leader for the group. To that end, the Sub Zero Mission, under the leadership of Al Raddatz, has graciously agreed to serve as the new leader of the group. Sub Zero Mission’s initial goal was to provide essential support to homeless veterans during the harsh winter months. Over the years, their unwavering dedication has broadened their focus to not only provide material support but also to connect veterans with vital services and resources that they might not be aware of and, ensuring comprehensive assistance for those they serve.



Financial Report

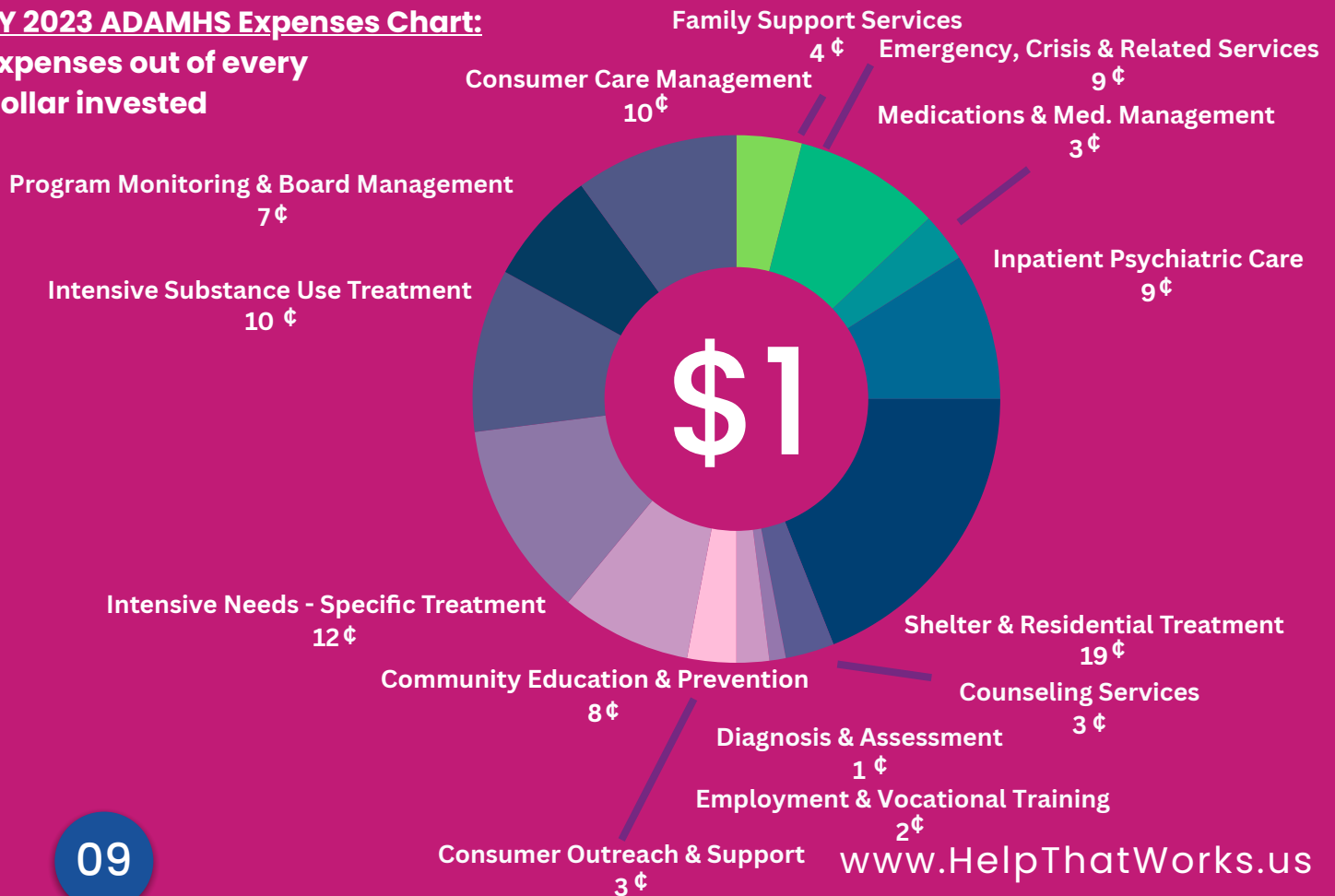
The Lake County ADAMHS Board received a slight increase in funding this year. Most of the funding was from the State Opiate Response (SOR) funding due to the timing of the award. SOR No Cost Extension (NCE) one-time funding became available which made an impact on our total Federal dollars. We saw a slight decrease in State funding as well as a slight decrease in local funding. We are expecting percentages to revert in SFY2024.



We saw an increase in spending in our Intensive Substance Use Treatment due to additional SOR funding. We also saw a slight increase in spending on Inpatient Psychiatric Care. We saw a couple of slight decreases but continue to use this information to gauge where the needs and gaps are. We are anticipating a higher cost of service in SFY2024 due to Medicaid rate increases in SFY2024 which should also impact what each agency can collect in revenue from Medicaid.

FY 2023 ADAMHS Expenses Chart:

Expenses out of every dollar invested



FY 2023 Executive Committee

All board members are Lake County residents who serve with passion and without compensation.



Matt Sabo

Chair



Roberta Kalb

Vice-Chair



Joanne Zeroske

Treasurer



Kim Collise

Secretary

Andy Meinhold

Past Chair



Board Members

Carl Dondorfer

Dave Enzerra

Mike Hatton

Stacy Kramer

Pamela Kurt

Curtis Lau

Nicole Parker

Marty Phillips

Jeffery Taylor

Amber Torres Gonzalez





FY 2023 – Team



Jackie Bruner

Director of Business Operations



Dan Rowles

Director of Quality & Clinical Operations



David Schick

Director of Marketing & Communications



Milica Radivojevic

Staff Accountant



Carla Reynolds

Member Services Coordinator



Danette Richards

Triage Specialist



Sandra Tenkku

Community Outreach Specialist



Amy Tulenson

Transportation Coordinator



Kelly Tuttle

Secretary & Receptionist

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